

# How To Get A Quickie A Book For Men



Men think women are complicated. Actually we can be quite simple.

A man was speaking to me one time explaining that he would like to have sex with his wife more often, but when he tried he often heard the same thing from her: "I'm just too tired". I asked him when he heard those words what it meant to him? He replied, " It means she does not want to have sex with me". I explain to him maybe not that night because she's too tired. When your wife tells you she's too tired did you ever think that was the case? She is simply too tired. Hmmmm something to ponder.

OK wait a minute I don't want to read a whole book I just wanna know how to have more sex with less effort.



Yes ,you got it. My advice to him was to do the dishes. One key component is you need to do the dishes and expect nothing in return. He was amazed at the simplicity of this and how it changed his life. He smiled and said, "I always do the dishes now."

In 2006 there was a movie called The Break Up starring Jennifer Aniston and Vince Vaughn. In this movie there's a scene where Vince Vaughn's character completely misses the mark and he says "fine I'll help you do the dishes" her reply "no that's not what I want" he says, "you just said you want me to help you do the dishes!" her reply was, "I want you to **want** to do the dishes! He's so confused by this. His reply is, "Why would I **want** to do the dishes? If you're a man reading this you might be at a loss. But if you're a woman, I can almost guarantee you'll know exactly what I am talking about...

OK let me give you something else to think about. When you think about a quickie what do you think about? Sex with less foreplay? What is foreplay? Usually foreplay would be categorized as the warming up before the act. Touching, kissing etc. Yes that's all nice, but foreplay for women starts in the mind and in the emotions long before it starts in our bodies.



Be playful



If you're a man I think you will relate with this. You get in an argument with your wife, and she is upset with something you have done, but not only does she talk about that she begins to tell you all the things that you have done wrong, and she remembers them all..... Women are more emotional and the stronger the emotion the deeper it goes into our subconscious mind and we don't forget. But it's not just the negative things, the small positive things that you do days before you try to have sex with us we remember also....it's all foreplay. Yes you heard me right. By doing the dishes not only are you taking a chore away, you are showing support; you are showing how much you care about her.... We see it all we feel it all..... If you're not helpful and she is irritated with you, there's gonna need to be a lot of foreplay for her to get over her angst. But if you do simple things like the dishes, or if she is doing the dishes and you stop a moment to give her a hug and kiss her neck, or hold her hand, or read the kids their nighttime story. If you give her the warm fuzzies she feels loved; she feels secure in her relationship with you. If she feels you desire her physically, emotionally, and intellectually, then you've got an in..... That's when you can just grab her and have your way with her, because she is half way there already, because she feels safe, she feels loved and her body responds accordingly .



Be helpful



Be loving

That's it in a nutshell. We're pretty simple. TikTok@mmm.tarot.hypnosis

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